

## You Can Help

The Women's Health Research Foundation of Canada needs your help.



- Make a donation
- Volunteer
- Educate others
- Advocate for change



Women's Health Research  
Foundation of Canada

[www.whrfcinc.com](http://www.whrfcinc.com)

For more information contact us at:

**Women's Health Research  
Foundation of Canada**

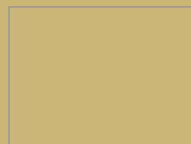
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## Improving Women's Health Through Research

Women's Health Research  
Foundation of Canada  
P.O. Box 61019  
RPO Grant Park  
Winnipeg, Manitoba  
R3M 3X8






## Factors Influencing Women's Health

- **Lack of Research**  
In women's health issues
- **Poverty**  
Research indicates an increase in income results in improved health
- **Roles of Women**  
As health care moves out of institutions, there is increased burden on women as caregivers
- **Domestic Violence**
- **Marginalized Women**  
Aboriginal, Immigrant, Lesbian, Senior Women and Teen Girls
- **Lack of Women in Policy Making**  
Policy Making and Governing Bodies



## Causes of Death

- **Heart Disease and Stroke**  
Women are more likely to die within the 1st year after a heart attack than men
- **Cancer**  
Lung cancer is decreasing in men but increasing in women  
Skin cancer is one of the leading causes of death in young women
- **Chronic Lung Disease** 
- **HIV/AIDS**

## Causes of Disability

- **Autoimmune Disease**  
MS, Rheumatoid Arthritis, Diabetes
- **Allergies**
- **Arthritis**
- **Mental Illness**
- **Migraines**

## What you can do to help

Support the work of the Women's Health Research Foundation which seeks to support women's health through:

**Research • Education • Advocacy**

*The greatest barrier for women's achievement of the highest standard of health is inequality: between men and women, in different geographical locations, social classes and indigenous and ethnic groups.*

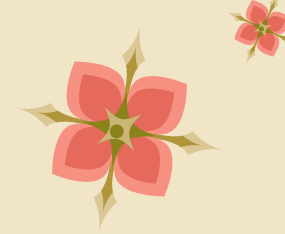


Women's Health Research Foundation of Canada

## Scholarship Program

Scholarships are awarded annually to students who meet the following criteria:

- Enrollment in graduate programs at the University of Manitoba
- Academic Excellence
- Research focused on improving women's health



- Yes, I would like to make a donation to the Women's Health Research Foundation of Canada in the amount of:
- \$25.00    \$50.00    \$100.00
- Other \$ \_\_\_\_\_

Please make cheque payable to :  
Women's Health Research Foundation of Canada

- Yes, I would like to volunteer my time to the Women's Health Research Foundation of Canada.

NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

CITY/PROVINCE: \_\_\_\_\_

POSTAL CODE: \_\_\_\_\_

PHONE: \_\_\_\_\_

EMAIL: \_\_\_\_\_

**Thank you for your support**

Charitable Registration Number 0679043-13

